

Augusta Regional Clinic Annual Report

2015-2016



Our Mission:

We provide health care and related services to those persons, and their families, who are making a sincere effort to support themselves, but who do not have the means to pay for such services.

Our Vision:

Every citizen of our community will have access to and receive quality, compassionate health care services, despite a lack of insurance or the inability to afford care.

Dear Friends of the Augusta Regional Clinic,

We have just finished a year of growth at the Augusta Regional Clinic. Despite fluctuating insurance regulations, our mission and values have stayed the same.

We provide health and dental services to those persons, and their families, who are making a sincere effort to support themselves, but who do not

have the means to pay for such services. Despite the legislative changes in recent years, there continues to be a serious need for healthcare and other services some in our community simply can't afford.

Your contributions have helped us make a difference in the lives of so many people.

Thank you for your continued support which allows us to provide care to the individuals and their families in our county who need it the most.

Sincerely,

Janice E. Morgan
Executive Director

Cynthia C. Weidner
Board Chair

Board of Directors

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Linnea Spradlin, CFP, CTFA
Cynthia Weidner (Chair)
Janice Morgan (Executive Director)



THE PAST YEAR IN REVIEW:

OCTOBER 1, 2015-SEPTEMBER 30, 2016

PATIENT ELIGIBILITY CRITERIA:

Uninsured Adults, ages 18–65, who are residents of Augusta County, Staunton or Waynesboro, and meet income guidelines of 200% of the Federal Poverty Level (Currently \$48,600 for a family of four.)

MEDICAL CLINIC NUMBERS:

Individual patients: 963
 Total patient visits: 4,018
 Value of on-site medical services: \$531,513
 Prescriptions filled on-site: 7,672
 Value of prescriptions filled: \$1,784,302
 Value of donated diagnostic services: \$32,405

DENTAL CLINIC NUMBERS:

Individual patient visits: 2747
 Value of on-site dental services: \$627,354

VOLUNTEERS (ON-SITE & REFERRAL):

Active volunteers: 72
 Volunteer hours: 6,572
 Interns and Student Volunteers: 12

Special programs:

Chronic Disease Clinic: With help from a grant from Augusta Health, chronic disease management has been a service of the Augusta Regional Clinic since its inception in 1993. The measurable impact that has resulted is the identification and tracking of chronic diabetic clinic patients to best understand how to treat their condition and demonstrate outcomes. Working together, people with diabetes, their support network, and their health care providers can reduce the occurrence of diabetes complications by controlling the levels of blood glucose, blood pressure, and blood lipids and by receiving other preventive care practices in a timely manner.

Eye Care Program: Through collaboration with EyeOne, Shenandoah Valley Social Services, Trinity Episcopal Church and area Lions Clubs, needy individuals in our area receive **free eye exams**. More than **352 pairs of eyeglasses** have been dispensed this year. A total of **2,901** have been dispensed since the program began, at a retail value of **\$690,050**.

Vaccinations: Our nurses provided 271 flu shots and 53 dTap injections, in addition to 26 shingles vaccines and 20 pneumonia vaccines.

Mental Health Visits: At the Augusta Regional Clinic, we not only care about the physical health of our patients, but their mental health as well. Our volunteer psychiatrist and two volunteer counselors provided almost 621 mental health visits this past year.

Every Woman’s Life: Studies show that low-income women are less likely to receive mammograms. *Every Woman’s Life* is a grant-funded program through the Virginia Department of Health and the Center for Disease Control. Through this program, outreach and education for the prevention and early detection of breast and cervical health issues are provided to **low-income, at-risk women** in our community. This past year **more than 350 free mammograms** were provided for ARFC patients between the ages of 40–64 and 50 free (diagnostic) mammograms for women between the ages of 18-40.

“ORCAS” School-Based Program: “ORCAS” (*Outreach, Resources, Care and Prevention, Assessments and Sealants*) is an Augusta Regional Dental Clinic program provided to every local area elementary school. The program provides education on a variety of topics, from proper brushing techniques to smart food and beverage choices for dental health. In addition, students receive sealant and fluoride treatments, and Dental Clinic staff dentists perform on-site screenings to assess whether further preventive and/or restorative dental work is needed. 620 children were treated in the ORCAS program this past year.



Clinic Volunteers

Thank you to the nurses, physicians, dentists, message takers, chart makers, pharmacy helpers, etc., who spent 6,572 hours of their time helping us provide the quality, compassionate care that has been our hallmark for two decades.

Emilee Alford
Cynthia Allen, M.D.
Margaret Allen
James Allison, M.D.
Charles F. Andersen, M.D.
Gil Ayers, M.D.
Catherine Barry, D.O.
Cindy Benson, R.N.
Thomas Benson
Blue Ridge Community College
Julianne Bonifield
Laura J. Brand, M.D.
Whitney Brocato
Russell V. Brown, R.N.
Patricia Buchanan, M.D.
Dorothy Bumgardner
Beth Bunch
Eileen Burns, L.P.N.
Ruth F. Byrd, R.N.
Catharine Carty
Patti Campbell
Meredith Carter
Elizabeth Cash
Charles Clemmer, R.N.
Emily Cochran
Nancy Coiner
Laura Craig-Sims, R.N.
Gary Cummings, R.N.
Jeane C. Custin
Rebecca Dameron, M.D.
Bernice Davenport, R.N.
Quinn DeMott
Aline Jackson-Diggs
Dana Eastman
Edward Via College of Osteopathic
Medicine Interns
James Edwards, M.D.
David Elphee
Donna Evelsizer
Marilyn Garber, R.N.
Elizabeth Gentry
George Washington University
John Gibson
Barbara Gough, R.N.
Kelli Hale
Mark Hammock, D.D.S.
Donna Hamp, R.N.

Emily Hanna
Howard Hanna, M.D.
Carrington Harrison, M.D.
Carolyn Herring, D.M.D.
Ellen Hilliard
Linda Hodson
Judith Hostetter
Matthew Hoy, P.A.
Carl Irwin
JMU Interns
Tammie Jordan
K. Kasisdmayajula, Pharm.D
K. Kennedy
Cheryl Kent
Tony Kincaid
Donna J. Kluefer
Nadia Kuley
John Lacey, D.D.S.
Daniel LaGrua, D.M.D.
Andrew Lancaster
Benn H. Legum, R.Ph.
Gary Lichtenstein, M.D.
Deanna Lotts
Charlotte Maiden, R.N.
Jane Manning
Richard Mansfield, D.D.S.
James McClellan, Jr.
Kimberly Mitchell, R.N.
James E. Morgan
Jason Morgan
Murphy Deming Interns
Beth Negron, R.N.
Christopher Novotny, M.D.
John Ochletree, D.P.M.
Mary Olsen, C.N.A.
Janice Painter, R.N.
Jayashree Parehk, M.D.
Shashank Parekh, M.D.
Quay Parrott, D.D.S.
Roberta Patterson, R.N.
Carolyn Pence, R.N.
Kristen Pingry
Julie Plumbley, M.D.
Amber Puffenbarger
Elaine Quizado
Mark Radecke, D.Min.
Rebecca Rader, R.N.
David Ratiff, M.D.
Rober Riley
Pam Rule
Alison V. Schultz, R.N.
Heather Sedwick
Katie Shapiro
Matthew Shapiro, M.D.
Ashley Sedr
Sharon Shenk, R.N.
Earl Simmons, E.M.T.

David Smith, O.D.
Diana Smith, R.N.
Judy Smith, C.N.A.
Linnea Spradlin
Joe Surratt, N.P.
Terry Team, R.N.
Charlane Tetreault, R.N.
Mary B. Timberlake
Suzanne Thompson
Samatha Totty
Alice Trott
Ron Turnicky, D.O.
UVA Interns
Valley Vocational Technical
School Interns
Martha Walker
Joyce Walker
Emily Wallace
Sarah Ward
Mary Alice Wease
Bonnie Weber
Cynthia C. Weidner
Miriam Wenger
Jamie Wilmer
Kathleen R. Wise
Darlene Wiseman
Jo D. Zumbuskas, R.N.
Thomas Zumsteg, M.D.

Thursday Evening Food Providers:

Every Thursday evening, a local church or civic organization provides the Clinic volunteers with a wonderful meal. Thank you for providing such a delicious and generous service for our tireless volunteers!

Beta Sigma Phi
Bethel Presbyterian Church
Blue Ridge Chapel
Cherryvale United Methodist Church
Christ Evangelical Lutheran Church
Christ United Methodist Church
Covenant Presbyterian Church
First Baptist Church, Staunton
First Baptist Church, Waynesboro
First Presbyterian Church, Staunton
First Presbyterian Church, Waynesboro
Fishersville United Methodist Church
Fishersville United Methodist Church, Nellie
Meyers Circle
Grace Evangelical Lutheran Church
High Hopes Bible Study
Main Street UMC, Dorcas Circle
Main Street UMC, Social Concerns Circle
Olivet Presbyterian Church, Circle 6
Raphine Christian Church

Ridgeview Baptist Church
Shenandoah Heights Baptist Church
St. John's United Methodist Church
Second Presbyterian Church, Staunton
Temple House of Israel
Third Presbyterian Church
Tinkling Springs Presbyterian Church, Lena Venable Circle
Unitarian Universalist Fellowship
Valley Baptist Church Senior Saints
Verona United Methodist Church
West Waynesboro Church of Christ
Westminster Presbyterian Church

“Volunteering is the ultimate exercise in democracy. You vote in elections once a year, but when you volunteer, you vote every day about what kind of community you want to live in.”
Author unknown

Volunteer Referral Providers

We thank the staff in each medical office that provided care to Augusta Regional Free Clinic patients during this past year. Specialists and providers treat Free Clinic patients at no charge, or with financial assistance, during specialty clinic hours or in their offices.

Allergy

Gary Rakes, M.D.
Madeline Dillon, M.D.

Anesthesia

Anesthesia Associates of Augusta
Anesthesiology
Edward Eisenberg, M.D.

Audiology

Augusta Audiology Associates
Julie Farrar-Hersch, Ph.D.

Cardiology

Augusta Health Cardiology
Roy Flood, M.D.
Glenn Brammer, M.D. John
Garber, P.A.
Rodney C. Graber, M.D.
Raj Pillai, M.D.
April Pierce, N.P.
Lewis Siegel, M.D.
Kenneth Sternberg, M.D.

Chiropractic

Lowman Chiropractic
Ron Lowman, D.C.
Virginia Chiropractic & Natural
Health Center
Stacy Clark, D.C.

Colonoscopy

Augusta Health Colon Clinic

Dermatology

Catherine Barry, M.D.
Blue Ridge Dermatology
Cynthia Dent, M.D.
Keith Knoell, M.D.
Emily Richard, M.D.
Shenandoah Dermatology
Jane Lynch, M.D.

Endocrinology and Diabetes

Augusta Health Diabetes and Endocrinology
Clinic
Jessicah Collins, M.D.
Eleanor Hutchens, M.D.
Nelly Maybee, M.D.
Angela Sutton, M.D.
Katie Hall, P.A.
Augusta Health Diabetes Nutrition/Education

Family Practice

Augusta Health Family Practice-Churchville
Deborah Lusk, N.P.
Megan Ady, P.A.
Augusta Health Primary Care-Fishersville
John Reed, M.D.
Gregory Cohron,
F.N.P. Shelley
Snodgrass, M.D.
Tiffany Macey, M.S.N.
Amrita DeZoysa, M.D.

Augusta Health Family Practice Staunton

Christopher Sutton, M.D.

Augusta Health Primary Care-Stuarts Draft

John "Jay" Snyder, D.O.

Catherine Muller, N.P.

Cara Goodell, M.D.

Augusta Health Family Practice-

Verona Katy Lopez, M.D.

Ngoc Le, D.O.

Augusta Health Family Practice-
Waynesboro

Kimberly Cheek, M.D.

John Bush, M.D.

Gastroenterology

Augusta Health

Gastroenterology

Beth Bush, M.D.

Allan Hardy, M.D.

Joe Surratt, N.P.- B.C.

Kristin Hanger, N.P.

Sidenia Tribble- L.N.P.

Lindsey Barnes, M.D.

Amira Ali Ibrahim, M.D.

Gynecology

Augusta Health Care For
Women

Ami Keatts, M.D.

April Reagan, C.N.M.

Kari Somers, C.N.M.

Rebecca Davies, C.N.M.

Molly Gilham, M.D.

Marielle Stone, M.D.

Mary Kowiecinski, C.N.M.

Deborah Meslar-Little,

C.N.M.

Daniel McMillan, M.D.

Robert Thompson, M.D.

Cynthia Bailey, C.N.M.

Medical Center Women's Health

Margaret Flather, M.D.

Waynesboro Women's Health

Melinda Ferguson, M.D.

The Women's Center

Mark Brooks, M.D.

John "Jack" Coiner, II, D.O.

Jennifer An, M.D.

Lori Gonzalez, F.N.P.

John Hoover, M.D.

Shannon Ikenberry, P.A.

Nancy Mason, N.P.

Betsy Simms, M.D.

Hematology-Oncology

Augusta Health Cancer Center

Patrick Judson, M.D.

Zuhair Ghanem, M.D.

Shanique Palmer, M.D.

Paul Marshall, PhD.

Home Health Care Equipment and Supplies

Augusta Health Care Home Medical

Infectious Disease

Augusta Health Infectious Disease

Allison Baroco, M.D.

Amanda Guedes De Morais, M.D.

Internal Medicine

Augusta Health Internal Medicine, Fishersville

T. Glen Gray, M.D.

Theresa Miller, M.D.

Barbara Paszkowiak, M.D.

Mental Health

Augusta Health Behavioral Health

CRISIS Intervention Services

New Directions Center

Shenandoah Valley Grief Counseling

Valley Community Services Board

Valley Hope Counseling

Valley Pastoral Counseling

Nephrology

UVA Nephrology Clinic

Neurology

Shenandoah Valley Neurology

Renzo Figari, M.D.

Peter Puzio, D.O.

Michael Valente, D.O.

Evan Wenger, M.D.

Bob Davis, N.P.

Occupational Therapy

Augusta Health Occupational Medicine

Ophthalmology

Augusta Eye Associates

David Barnes, M.D.

Danny O'Neil, O.D.

Rachna Patel, M.D.

Marc Shields, M.D.

David Smith, O.D.

James S. Tiedeman, M.D.

James Gillespie, M.D.

Susan Herndon, O.D.

Paul McConnell, M.D.

Lauren Parker, OD

Orthopedic Associates

Ramon Esteban, M.D.
Jack Otteni, M.D.
Thomas Pereles, M.D.
Brian Dean, M.D.
Franklin Fisher, P.A.
Roberto Lianez, N.P.

Augusta Health Spine Clinic
Matthew Pollard, M.D.
Rachel Hallmark, M.D.

Otolaryngology

Augusta Health Ear, Nose & Throat
Michael Plautz, M.D.
William Davidson, M.D.

Pain Management

Augusta Health Pain Management Clinic
Jared Davis, M.D.
Bob Burke, P.A.
John Rhodes, P.A.
Ruzbeh Toussi, D.O.

Pathology

Blue Ridge Pathologists

Physical Therapy

Augusta Health Physical
Therapy

Podiatry

Blue Ridge Foot and Ankle Clinic
Stewart Chang, D.P.M.
Kevin Murray, D.P.M.
John Ocheltree, D.P.M.

Prosthetics

Virginia Prosthetics
Marvin Thorne, C.O.

Pulmonology

Augusta Health Pulmonology
Laura Gonzalez, M.D.
Jason Lawrence, M.D.
George Verghese, M.D.

Radiology

Blue Ridge Radiologists

Rheumatology

Augusta Health Rheumatology &
Osteoporosis
M. Scott Hogenmiller, M.D.

Sleep Lab

Augusta Health Sleep Center
Evan Wenger, M.D.

Surgery

Augusta Surgery
Blake McKibbin, M.D.
Kristin Turza, M.D.
Shenandoah Valley Surgical Associates

Donald Carmichael, M.D.
William Faulkenberry, M.D.
Charles Goff, M.D.
Jacek Paszkowiak, M.D.
William Thompson, M.D.
Tonia Martin, P.A.

Thoracic Surgery

Augusta Health Thoracic Surgery
Christine Lau, M.D.
Joshua Becker, P.A.
Matthew Persinger, P.A.
Christopher Thomas, P.A.
Linda Martin, M.D.

Urology

Blue Ridge Urological Associates
C. Buckley Gillock,
M.D. Sam Graham,
M.D.
Emily Green, P.A.
William Jones, M.D.
Brian Stisser, M.D.

Virginia Hearing Group

Wound Care

Augusta Health Wound Healing
Clinic David Caulkins, M.D.

University of Virginia Health System

All Specialties

*Pediatric Referral Network (Acute One Time Visit)

Augusta Pediatric



Augusta Regional Clinic Supporters

October 1, 2015 – September 30, 2016

Thank you so much to our donors who make our work possible!

\$100,000-\$199,999

Virginia Association of Free & Charitable Clinics
Every Woman's Life Program, Commonwealth of Virginia, Dept. of Health

\$10,000-\$39,999

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Springdale Mennonite Church
St. John's Catholic Church
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Dr. & Mrs. E. Ross Testerman
Mr. & Mrs. Jerry Van Lear
Waynesboro Moose Lodge No. 1309

\$100-\$499

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Mr. Daniel McSweeney
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Mrs. Anne Moore
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Ms. Pamela Patrick
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Sangerville Towers Ruritan Club
Mr. & Mrs. Paul Scheib
Mr. & Mrs. Frederick Schultz
Mr. & Mrs. Thomas Sexton
Dr. & Mrs. Marc Shields
Shields Construction Co.

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Mrs. Jean Wilkins
Mr. & Mrs. Larry Wills
Mr. & Mrs. Richard Wills
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Mrs. Lillian Yeago
Mr. Robert Young
Mr. & Mrs. Joseph Zapotoczny

\$1-\$99
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Mr. & Mrs. Irvin Beadles
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Ms. Patricia Bell
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Augusta Regional Clinic Nursing Staff

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Gilmer Ayers

Mr. & Mrs. Ronald Artz

Wilma K. Balsley

Mr. Philip E. Balsley

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Nancy Whitlock
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Augusta Regional Clinic Staff

October 1 2015- September 30, 2016

Augusta Regional Medical Clinic Staff

Sharon Bosiger, R.M.A., Front Office Coordinator
Jo Anne Brown, F.N.P., Nurse Practitioner
Carrie Clark, Eligibility Coordinator
Sherrel Bang, R.N., Every Woman's Life Case
Manager
Hanne Henderson, L.P.N., Nursing Station
Supervisor
Tony Kincaid, C.P.T., Pharmacy Assistant
Juanita Landes, C.Ph.T., Pharmacy Manager
Benn Legum, R.Ph., Pharmacist
Sandra Miller, R.N., Women's Health Coordinator
Janice Morgan, Executive Director
Kimberly Powell, P.A., Physicians Assistant
Becky Rader, R.N., Patient Care Coordinator
Christiana Shields, Development
Nancy Whitlock, R.N., Nurse Manager

Augusta Regional Dental Clinic Staff

Chris Harman, Director of Dental Services
Ashley Houser, R.D.H., Dental Hygienist
Cameron Knick, Assistant Dental Coordinator
Bobbi Gale, Dental Coordinator
John Lacy, M.D., D.D.S., Dentist
Tonya Plymale, C.D.A., Lead Dental
Assistant
Albert Schulz, D.D.S., Dentist
Tracy Smith, C.D.A., Lead Dental Assistant
Stephanie Walker, Dental Assistant

**"We make a living by what we get, but we make a
life by what we give."
- Winston Churchill**

Augusta Regional Clinic Golf Tournament 2016

The 18th annual ARC golf tournament occurred on October 6, 2016, at the Waynesboro Country Club. The tournament brought in over \$10,000 for the clinic, and golfers enjoyed a beautiful day. Thank you so much to our participants and sponsors who made it possible.



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